

Fresh Choice Kitchens
The Community Kitchen program of the Greater Vancouver Food Bank
Society

(formerly known as the Vancouver Community Kitchen Project)

Basic Kitchen Equipment Needed

Measuring cups and spoons
Whisks - small and large
Flipper
Peeler
Tongs - small and large
Can Opener
Wooden spoons
Slotted Spoons
Pasta Forks
Graters - cheese and lemon/orange grater
Spatulas
Serving ladles
Potato masher
Cooking and pastry brushes
Serving spoons - variety
Pepper grinder
Salt container for cooking
Pepper and salt shakers
Funnels - various sizes
Thermometer
Oven mitts
Hot plates - bamboo or other
Manual juicer
Kettle
Drip coffee maker
Salad Spinner
Colander
Sieve
Casserole dishes – all sizes
Containers to bring meals home – different sizes, better if freezable

Pots: (all with lids)

10 qt. stock pot
8 qt stock pot
5 qt. dutch oven

Frying pans:

12 inch open
10 inch deep covered
10 inch open

Mixing bowls:

Variety - large, deep, medium, shallow

Cooling racks
Cookie sheets
Pizza sheets
Pie plates

Loaf pans
Baking pans - all sizes for cakes, quick breads, bundts etc
Muffin tins
Ramekins
Roasting pan - large
Rolling Pins
Large plastic/metal storage containers to hold flour, w&b sugar, oats, etc.
Cutting boards - large, plastic

Knives:

7inch French knives
paring knives
bread/pastry knives
steel
knife wrap or tool box for knife storage

large dish drying rack
tea towels (clean and in good condition)
dish clothes (clean and in good condition)
Serving bowls - Large
Serving platters - Large

Blender
Food processor
Hand mixer
Braun mixer
Coffee grinder for spices

Please, **NO** table décor items (e.g. candleholders, napkin holders or tablecloths), mugs, cutlery, glasses or mugs.