



**Potluck Community Kitchen Program  
Participant Evaluation & Feedback  
February 2009**

Potluck would like to know whether the Community Kitchen program is making a positive impact on residents of the DTES and whether it's a worthwhile program for all involved.

**Interviewees:**

- Community Kitchen Community Participants
- Melissa LeClair – Potluck Kitchen Support
- Karen Giesbrecht & Volunteers - Coordinator
- Heather O'Hara – Executive Director

**Questions for Karen, Volunteers & Melissa:**

1. Is running the Community Kitchen program manageable in terms of time and expertise according to Karen Giesbrecht & Volunteer Coordinators? Why or why not?
2. Is Potluck support sufficient in terms of staff support and equipment according to a) Melissa LeClair and b) Karen Giesbrecht/Volunteers? What support, equipment, resources could improve the outcomes of the Community Kitchen program?

**Questions for Community Participants:**

**Food & Health & Nutrition**

1. Are you learning about better health and nutrition by participating in the Community Kitchen? If so, how?
2. Are you eating better because of participating in this program?
3. Are you learning about new foods from the Community Kitchen? If so what kinds of food have you tried that you didn't try before?
4. Do you have any ideas for recipes or types of food that you would like to try in the Community Kitchen?
5. Where do you currently get or buy your food outside of the program?
6. What kind of food do you normally cook outside of the Community Kitchen?

**Skill Development**

7. Are you learning new cooking and kitchen skills through this program? If so, can you give examples of new skills?
8. Are you learning about food safety and safe food storage skills through this program? If so, can you please give examples?
9. What other kinds of skills would you like to learn in the Community Kitchen?
10. Has the Community Kitchen helped you learn more about personal hygiene?
11. Are you interested in finding employment that requires food skills or in a kitchen? If so, what kind of jobs interest you?

**Social Connections**

12. Are you making new social connections and friendships because of this program? If so, can you share some stories?
13. Do you connect with any of the participants in the program outside of the Community Kitchen evening?

**Other**

14. Is there anything else you would like to share about your experience with Community Kitchen? Stories? Benefits? Likes? Dislikes?