





Recipe and shopping worksheet for: John Robson Lord Kelvin:

Recipe/s: _____

| | Ingredient | Have on hand ✓ | Need to buy ✓ | Price of Food Item | Total cost for 12 servings | Name of Store |
|--|------------|-------------------|------------------|--------------------|----------------------------|---------------|
| Meat, Fish Poultry or Meat alternative  | | | | | | |
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| Dairy  | | | | | | |
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| Vegetables and Fruits  | | | | | | |
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| Canned and Dry Goods  | | | | | | |
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| | | | | | | |
| Preparation time: | | | | | | |
| Problems / Issues: | | | | | | |
| Participants comments about the recipes: | | | | | | |
| Changes needed to make the recipe better: | | | | | | |

